

Thursday December 19, 2019

Junior high students will be going to the Spartan race site hill to be participating in a sledding day. We will be leaving around 2:00 p.m., and get back for buses. We ask of you not bring tube or hard-edged sleds due to safety reasons. We also ask if you have any scrap wood, if you could bring it to the school on Thursday morning as we are planning to have a small fire. We ask that students dress warmly and for the weather conditions. Permission forms for this day have been sent home and we ask that it is returned back by Thursday, December 19th. Hot cocoa and marshmallows will be provided for students.



Sincerely, Junior High Students Union

Tobogganing

Tis the season when kiddos will be using everything and anything to have fun on the slopes of your school grounds. Please ensure the Alberta Education Safety Guideline is followed for these activities. Here is an excerpt on the subject...

TOBOGGANING



All Physical Activities
pg. 11-17



Outdoor Activities
pg. 23-24



Winter Activities
pg. 25



Off-site Activities
pg. 33-35

Tobogganing

Suitable for Pre-Kindergarten/ECS Programs & Grades K-12

The following sections must also be considered:

All Physical Activities and Outdoor Activities and Winter Outdoor Activities and, if applicable, Off-site Activities.

Supervision

- On-site supervision is recommended following initial skill instruction and after all safety concerns have been emphasized.

Instructional Considerations

- Students must not stand on toboggans. They should be seated or kneeling.
- Students should not be allowed to push others or run up sliding area.
- There should be a safe distance between descending toboggans.
- Students should not be allowed to jump in front of descending toboggans.
- Toboggans should not be overloaded. Teacher should ensure an appropriate number of children are on each toboggan.
- A safe procedure for students to clear bottom area and to return to top of hill should be established.
- Students should not be allowed to ride toboggans over jumps or obstacles.

Equipment/Facilities

- Toboggans or sliders that have handles and are designed to travel straight rather than to rotate are recommended.
- Toboggan or slider must be in good repair with no jagged edges.
- Flying saucers, tubes and crazy carpets should not be used.
- Students should be informed of the boundaries for activity.
- Teacher should consider the following conditions when choosing a site: sun, wind, wind chill and snow conditions as well as suitability of terrain.
- Snow should be packed, but not icy, with a grade of incline no greater than 30 degrees.
- Hill and run out section at bottom of hill should be free of hazards, e.g., trees, traffic.
- Run out should be adequate for safe stopping.
- Area should be designated a "tobogganing area".
- Top of slope should have a level take-off/launch area.
- The steeper the slope angle, the shorter the slope length should be.

FIELD TRIP INFORMED CONSENT

Battle River Regional Division No. 31 New Norway School **School**

THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT/GUARDIAN OF A PARTICIPATION STUDENT.

ELEMENTS OF RISK: Educational activity programs, such as those listed below, involve certain elements of risk. Injuries may occur while participating in these activities.

PARENT/GUARDIAN – Initial by each activity that the student will attend. Indicate "NO" beside any activity(ies) the student is NOI permitted to attend.

P/G initials for permission	Description of Activity	Dates	Location / Facility	Address City/Town	Transportation (ie. school bus)	Cost for Student /Parent	Elements of Risk (examples of types of injury which may result, but not limited to)	Student/Parent supplied equipment
	Christmas Sledding	Dec 19, 2019	Spartan Tough Course	New Norway	School Bus	\$0	Collisions, concussions, breaks	Sled, winter gear

Due to inclement weather, alternative activities of similar or lesser risk levels may be substituted for the above noted activity. The *Safety Guidelines for Physical Activity in Alberta Schools* will be followed.

The risk of sustaining these types of injuries result from the nature of the activities and can occur without fault of either the student or the school board, its' employees/agents or the facility where the activities are taking place. By choosing to take part in these activities, you are accepting the risk that you/your child/the student may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. If you choose to participate or allow your child/the student to participate, you must understand that you bear the responsibility for any injury that may occur.

Information about the student that field trip personnel need to know for these activities: (Medical or other) _____

The Battle River Regional Division No.31 does not provide extensive accidental death, disability, or dismemberment or medical expense insurance on behalf of the students participating in these activities. The Board only provides a basic coverage with limited coverage for Battle River Regional Division No.31 students in attendance at or participating in any school activity approved and supervised by proper school authority.

ACKNOWLEDGEMENT: We have read the above. We understand that by participating in the activities described above, we are assuming the risks associated with doing so.

Signature of Parent/Guardian: _____ Date (Month/DD/YY): _____ Signature of Student: _____ Date (Month/DD/YY): _____

PERMISSION: If the student requires medical attention, I authorize the supervisor(s) to seek necessary medical treatment.

I give _____ (student) permission to participate in the above noted activities. Emergency contact person: _____
 Signature of Parent/Guardian: _____ Date (Month/DD/YY): _____ Emergency phone number: _____

This form may not be amended or modified in any way.

if this form is amended or modified in any way, it is understood that the student named herein will not participate in the above-noted activity.