

## New Norway School Ski Trip

This year's ski trip is planned for March 6-8th 2020. We will be headed to Banff this year, staying at the Inns of Banff and skiing at Sunshine Mountain Village. The cost of the trip will be \$270 without rentals and \$320 with rentals. This cost includes bussing, hotels and lift tickets for the weekend. If the student needs lessons there will be an additional cost of roughly \$150 for lessons. This price may be reduced later if 15 people sign up to qualify for group lesson discount; the difference will be refunded to you. Meals will be the responsibility of each student, this can either be packing a cooler of food for the weekend or bringing money for meals to be purchased in Banff. We need a few parent chaperones once again, there will be a \$250 charge to all chaperones to cover the cost of hotels and lift tickets. Chaperones are responsible for their equipment whether it's using personal or renting. All of this is done to keep the costs lower for the students. Please return the attached forms to the school and payments made online by January 29th 2020. If you decide to back out of the ski trip you must do so by February 1st or your money will not be refunded to you. All fees can be paid online. Please indicate if you wish to chaperone on your child's form. Chaperone fees will be billed to your family account after we have confirmed our chaperones.

Supervisors contact Steve Searle #780-678-7867

See over for Trip Itinerary →

### Trip Itinerary

#### **Friday March 6th**

2:30 pm meet at school to load bus

3:00-3:30 pm depart from school

5:30 pm stop for food in red deer gasoline alley (money to buy food)

8:00 pm arrive at the Inns of Banff (1-800-661-1272)

#### **Saturday March 7th**

8:30 am leave hotel

9:00 am arrive at ski hill

3:30 pm last run

4:00 pm load bus

4:30 pm arrive at the Inns of Banff

Students have free time in banff for the rest of the evening (find your own supper)

11:00 pm must be in rooms

#### **Sunday March 8th**

7:30 am wake up and pack up all belongings to head home after skiing

8:30 am leave hotel

9:00 am Arrive at ski hill

3:30 pm last run

4:30 pm load bus

7:30 pm food in red deer gasoline alley (need money for food)

10:30 return to the school

**FIELD TRIP INFORMED CONSENT - HIGH RISK ACTIVITY**  
**Battle River Regional Division No. 31**

**THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT.**

**New Norway** is arranging  
*(school)*

**Skiing in Banff at Sunshine staying at the Inns of Banff**  
*(description of activity / location / facility)*

*(description of activity / location / facility)*  
on **Friday March 6th-Sunday March 8th 2020**  
*(dates)*

**ELEMENTS OF RISK:**

Educational activity programs, such as **Skiing/Snowboarding and Busing** involve certain elements of risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injury which may result from participating in:

1. **Broken bones**
2. **Cuts/Scrapes**
3. **Frostbite**
4. **Fatality**

The *Safety Guidelines for Physical Activity in Alberta Schools* will be followed. The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student or the school board, its' employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child/the student may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate or allow your child/the student to participate in **Skiing in Banff at Sunshine staying at the Inns of Banff** *(activity)* on **Friday March 6th-Sunday March 8th 2020** *(dates)*, you must understand that you bear the responsibility for any injury that may occur.

Information about the student that field trip personnel need to know for this excursion (medical/other):

- 1.
- 2.

The Battle River Regional Division No. 31 does not provide extensive accidental death, disability, or dismemberment or medical expense insurance on behalf of the students participating in this activity. The Board only provides a basic coverage with limited coverage for Battle River Regional Division No. 31 students in attendance at or participating in any school activity approved and supervised by proper school authority.

**ACKNOWLEDGEMENT:**

WE HAVE READ THE ABOVE. WE UNDERSTAND THAT BY PARTICIPATING IN THE ACTIVITY DESCRIBED ABOVE, WE ARE ASSUMING THE RISKS ASSOCIATED WITH DOING SO.

Signature of Student: \_\_\_\_\_ Date (Month/DD/YY): \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date (Month/DD/YY): \_\_\_\_\_

**PERMISSION (Students under 18 Years):**

If the student requires medical attention, I authorize the supervisor(s) to seek necessary medical treatment.

I give \_\_\_\_\_ (*name of student*) permission to participate in  
**Skiing in Banff at Sunshine staying at the Inns of Banff** (*description of activity*)  
to be held on or about **Friday March 6th-Sunday March 8th 2020** (*dates*).

Signature of Parent/Guardian: \_\_\_\_\_ Date (Month/DD/YY): \_\_\_\_\_

Emergency contact person: \_\_\_\_\_ Emergency phone: \_\_\_\_\_

\*\*\*\*\*  
**This form may not be amended or modified in any way. If this form is amended or modified in any way, it is understood that the student named herein will not participate in the above-noted activity.**  
\*\*\*\*\*



BOX 1510  
 BANFF, AB T1L 1J5  
 TEL: 403-762-6592  
 FAX: 403-762-6554  
 rentals@skibanff.com

RENTAL EQUIPMENT MUST BE RETURNED BY 4:30 P.M.  
 TO THE SALOMON TENT OR 5:00 P.M. AT BASE RENTAL  
 OR AN ADDITIONAL DAY WILL BE CHARGED.

**EQUIPMENT RENTAL FORM  
 AND RELEASE OF LIABILITY**

|                                 |         |                                |
|---------------------------------|---------|--------------------------------|
| Full Name:                      |         | Age:                           |
| Height:                         | Weight: | Shoe Size:                     |
| Skier or Snowboarder?           |         | Goofy or Regular? (read below) |
| Allergies or Medical Conditions |         | Ability Level: (read below)    |
| Emergency Contact Name          |         | Phone:                         |

**ABILITY LEVELS:**

- Never Ever** – has not skied/snowboarded ever before.
- Beginner** – has tried before but not able to turn or control speed; has not gone up on a chairlift before; will benefit from a refresher.
- Green Runner** – becoming comfortable with turns on Green runs; would like to try easy Blue runs but needs to improve first.
- Blue Runner** - can easily make turns on Blue runs but avoids moguls; has difficulty with steep terrain.
- Black Diamond Runner** – likes going into Black runs but needs to improve rhythm and speed control.
- Double Black Diamond Runner** - comfortable on all terrain, including Double Black Diamond runs.


**GOOFY OR REGULAR? (Applicable to Snowboards Only)**

- Regular** - left foot forward - right foot dominant (most common)
- Goofy** - right foot forward - left foot dominant

There are two different kinds of snowboard stances, regular stance and goofy stance. The difference between goofy stance and regular stance is which direction you will be facing. Simply put, regular stance is riding with your left foot in front and goofy stance is with your right foot in front.

The aim is for your dominant foot to be in back. When snowboarding, your dominant back foot will do most of the power steering, while your less dominant front foot will be for balance and direction.

|   |                                     |                          |
|---|-------------------------------------|--------------------------|
| <b>DAMAGE RECOVERY</b>  | <b>YES</b>                          | <b>NO</b>                |
|   | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Customer accepts Damage Recovery at rate shown/posted. This Damage Recovery applies to minor breakage to skis/snowboards only! No rental clothing, helmets and/or boots are included! If Damage Recovery is accepted, the Rental Shop will absorb any minor damage costs of rented skis/snowboards. |                                     |                          |

|  |              |               |   |
|--|--------------|---------------|---|
| <b>REQUESTED SETTINGS:</b>   |              |               |   |
| L. TOE _____   | R. TOE _____ | L. HEEL _____ | R. HEEL _____   |
| ALL FUNCTIONAL PROCEDURES HAVE BEEN COMPLETED ACCORDING TO MANUFACTURER'S RECOMMENDATIONS  |              |               |   |
| TECHNICIAN'S / PASS SIGNATURE / NO. <b>X</b>   |              |               |   |
| <b>I HAVE READ THE "RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT" ON THE BACK OF THIS FORM.</b><br><br><b>I VOLUNTARILY AGREE TO THE TERMS OF THAT AGREEMENT.</b> |              |               |  |

**RENTAL, RELEASE OF LIABILITY, WAIVER OF CLAIMS,  
ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT  
(hereinafter the "Release Agreement")**

Initial

**BY SIGNING THIS RELEASE AGREEMENT YOU WILL WAIVE OR GIVE UP CERTAIN LEGAL RIGHTS,  
INCLUDING THE RIGHT TO SUE OR CLAIM COMPENSATION FOLLOWING AN ACCIDENT**

**PLEASE READ CAREFULLY!**

**HELMETS ARE STRONGLY RECOMMENDED**

**TO:** SUNSHINE VILLAGE CORPORATION and its directors, officers, employees, instructors, guides, agents, volunteers, sponsors, independent contractors, subcontractors, representatives, equipment manufacturers, equipment distributors, successors and assigns (all of whom are hereinafter collectively referred to as the "Releasees").

**RENTAL AGREEMENT**

1. I accept full responsibility for the care of the rental equipment ( the Equipment ) listed on this form and I agree to pay for any damage to the Equipment and replace at full retail value any Equipment not returned by the agreed date.
2. I am familiar with the proper use of the Equipment. I understand that the rental technicians are able to answer questions I may have as to the proper use of the Equipment.
3. [DOWNHILL SKI EQUIPMENT ONLY] I have made no misrepresentation in regard to my height, weight, age or skier type. (This information is required in order to properly adjust the ski boot/binding settings). I agree to verify that the settings appearing in the visual indicator windows on the bindings correspond with the settings to be recorded on this form.
4. I also agree to return the Equipment in clean condition to avoid any additional charges.

Initial

**ASSUMPTION OF RISKS**

I am aware that skiing, snowboarding and snowshoeing involve risks, dangers and hazards and that injuries are a common and ordinary occurrence of these activities.

**ALPINE SKIING** I understand that the ski boot/binding system may not release during every fall or may release unexpectedly. The ski boot/binding system is no guarantee that the user will not be injured.

**SNOWBOARDING / SNOWSHOEING** I understand that the boot/binding system is not designed or intended to release and will not release under normal circumstances. I understand that as the boot/binding system is a non-release system, this system will not reduce the risk of injury during a fall and will increase the risk of not surviving an avalanche.

**HELMETS** I understand that a helmet designed for RECREATIONAL SNOW SPORTS may reduce the risk of some types of head injuries. I recognise that serious injury or death can result from both low and high energy impacts, even when a helmet is worn.

**I FREELY ACCEPT AND FULLY ASSUME ALL RISKS, DANGERS AND HAZARDS ASSOCIATED WITH THE USE OF THE EQUIPMENT.**

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

In consideration of the rental of the Equipment, I hereby agree as follows:

1. I AGREE TO WAIVE ANY AND ALL CLAIMS that I have or may in the future have against the Releasees and TO RELEASE THE RELEASEES from any and all liability for any damage, expense or injury including death that I may suffer, or that my next of kin may suffer, resulting from or arising out of any aspect of my use of the Equipment or my presence on the Premises, DUE TO ANY CAUSE WHATSOEVER, INCLUDING NEGLIGENCE, BREACH OF CONTRACT OR BREACH OF STATUTORY DUTY OF CARE, INCLUDING ANY DUTY OWED UNDER THE OCCUPIERS LIABILITY ACT, R.S.A. 2000. c.0-4, in respect of the design, manufacture, installation, maintenance, selection or adjustment of the Equipment or in respect of the provision of or failure to provide any warnings, directions or instructions as to the use of the Equipment or the risks, dangers and hazards of skiing, snowboarding and snowshoeing.
2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any damage to property of or personal injury to any third party, resulting from my use of the Equipment;
3. This Release Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;
4. This Release Agreement and any rights, duties and obligations as between the parties to this Release Agreement shall be governed by and interpreted solely in accordance with the laws of the Province of Alberta and no other jurisdiction; and
5. Any litigation involving the parties to this Release Agreement shall be brought solely within the Province of Alberta and shall be within the exclusive jurisdiction of the Courts of the Province of Alberta.

I HAVE READ AND UNDERSTAND THIS RELEASE AGREEMENT AND I AM AWARE THAT BY SIGNING THIS RELEASE AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS, ASSIGNS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.

Signature of User

Print name of User

Date

Parent/Guardian Signature

Print name of Parent/Guardian

Witness Signature/Pass. No.