

Dear Parents/Guardians,

On **Thursday, September 28th, 2023**, our school is hosting the Spartan Tough Invitational Cross Country Running Meet. This fun event is division wide and attracts over 1200 runners. The run location is at Dried Meat Lake, 10 km east of the school. Students are being transported from the school by bus. Students are not required to run, but our hope is that every child be involved either by running or walking. The track is well marked and marshaled, and teachers & E.A's will be participating along with the students. Students will need to dress appropriately for the outdoor race and bring a backpack along with:

- **Coat, Sweatshirt or Sweater and a Hat**
- **Change of clothes (there is lots of mud)**
- **Plastic Bag (for muddy clothes)**
- **Bagged Lunch & Water**
- **2 Sets of appropriate footwear (Please note that the course can be very muddy and wet. Students will need two pairs of socks and footwear, so they can change shoes after the race)**

The **cost of this event is \$8.00** for each child. This money is to help cover the cost of chip timing. This year we will **not be accepting cash or cheque** and all payments must be done **ONLINE ONLY** on your child's account. If you have any questions or need help paying online please contact the office.

There will be a concession offered at the race grounds for those students wanting to purchase a snack or lunch during the day. **Please note that students have a limited amount of time at the race so we do encourage students to still pack some snacks or a lunch.**

IMPORTANT

Please return permission forms **signed** by **Tuesday, September 26th, 2023**.

PLEASE SIGN AND RETURN BOTH FORMS

Thank you,
The New Norway Staff

Dear Parents/Guardians,

We have our New Norway Tough Spartan Run coming up next week. The race will take place on **Thursday, September 28th**. Students and parent volunteers will be bussed to the race site shortly after 9 am. Parking is limited. Please send a bag lunch or money for the concession as we will be eating at the race site as well.

We are looking for some parent volunteers to help with our young runners. If you are interested in coming along as a parent volunteer, please return the section below. **In order to volunteer you need to become an Agent of the Board for this school year. To do so, please call Mrs. Brown at the office to receive the steps you need to take to do this. These steps will likely take a few days to complete, so please call the office to start the process as soon as you can.**

Thank you in advance for your assistance with this big event!

Child's Name: _____

Child's Grade: _____

Parent Name: _____

Phone Number: _____

- I am already an Agent of the Board
- I would like to become an Agent of the Board

FIELD TRIP INFORMED CONSENT

The Battle River School Division

New Norway

School

THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT/GUARDIAN OF A PARTICIPATION STUDENT.

ELEMENTS OF RISK: Educational activity programs, such as those listed below, involve certain elements of risk. Injuries may occur while participating in these activities.

PARENT/GUARDIAN -- Initial by each activity that the student will attend. Indicate "NO" beside any activity(ies) the student is NOT permitted to attend.

P/G initials for permission	Description of Activity	Dates	Location / Facility	Address City/Town	Transportation (ie. school bus)	Cost for Student /Parent	Elements of Risk (examples of types of injury which may result, but not limited to)	Student/Parent supplied equipment
	Spartan Tough	Sept. 28	Dried Meat Lake	Camrose	Bus	\$8	falls, sprains, scrapes	Running gear

Due to inclement weather, alternative activities of similar or lesser risk levels may be substituted for the above noted activity.

The *Safety Guidelines in Alberta Schools* will be followed.

The risk of sustaining these types of injuries result from the nature of the activities and can occur without fault of either the student or the school board, its' employees/agents or the facility where the activities are taking place. By choosing to take part in these activities, you are accepting the risk that you/your child/the student may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. If you choose to participate or allow your child/the student to participate, you must understand that you bear the responsibility for any injury that may occur.

Information about the student that field trip personnel need to know for these activities: (Medical or other) _____

The Battle River School Division **does not** provide extensive accidental death, disability, or dismemberment or medical expense insurance on behalf of the students participating in these activities. The Board only provides a **basic** coverage with limited coverage for Battle River School Division students in attendance at or participating in any school activity approved and supervised by proper school authority.

ACKNOWLEDGEMENT: We have read the above. We understand that by participating in the activities described above, we are assuming the risks associated with doing so.

Signature of Parent/Guardian: _____ Date (Month/DD/YY): _____ Signature of Student: _____ Date (Month/DD/YY): _____

PERMISSION: If the student requires medical attention, I authorize the supervisor(s) to seek necessary medical treatment.

I give _____ permission to participate in the above noted activities. Emergency contact person: _____

Signature of Parent/Guardian: _____ Date (Month/D/Y): _____ Emergency phone number: _____

This form may not be amended or modified in any way.

If this form is amended or modified in any way, it is understood that the student named herein will not participate in the above-noted activity.