



# Spartan Tough X-Country Run 2023 Concession Price List

## Food

Hotdogs	\$3.00
Hamburgers	\$4.00
Cheeseburgers	\$4.50
Muffin	\$2.00
Cookie	\$1.00
Fruit	\$0.50
Chips/Veggie straws	\$1.50
Popsicles	\$1.00



## Drinks

Coffee	\$1.00
Hot chocolate	\$1.00
Juice	\$1.00
Water	\$1.00
Chocolate Milk	\$1.00
Gatorade	\$2.00





**SPARTAN TOUGH**



## **Spartan Tough on Parkinson's Disease**

Once again, this year's race is inspired by and in support of Hugh Nester and all those who are battling Parkinson's Disease.

We would like to challenge all schools to collect pledges and submit them on race day!

School with most pledges wins plaque!

**RUN or pledge a runner TODAY!**

**Parkinson**  
Alberta